

Buddhist Group of Kendal (Theravada) BGKT

27 February 2026

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Precepts, Certificates, Badges and Sashes

The unique aspect of the relationship between Ketumati Buddhist Vihara Manchester England UK and BGKT Buddhist Group of Kendal (Theravada) and the Keswick Buddhist Group has been in relation to the development of Precepts and Dhamma Teaching in the West. A decision was made that certificates signed by Venerable Piyatissa would be presented to those taking *Panca Sila* (The Five Precepts) and receiving a Buddhist name; and a certificate and a cream sash would be presented to those taking *Ajivatthamaka Sila* (Eight Precepts with Right Livelihood as the Eighth) for Life. These sashes must be worn when they administer the *Panca Sila* (The Five Precepts) if a Bhikkhu (Monk) or Bhikkhuni/Ayya (Nun) is not present. Dhamma Teachers Certificates and badges would be presented to Sangha Authorized Dhamma Teachers.

Ketumati Buddhist Vihara Manchester Vesak Celebrations 2006

At the 2006 Vesak celebrations at Ketumati Buddhist Vihara Manchester, the Abbot, Venerable Piyatissa presented *Sangha Authorized Dhamma Teacher* badges to four lay teachers. Cream sashes were presented to *Upasakas* Sumedha, Mahinda and Punna who undertook the *Ajivatthamaka Sila* for Life with the Abbot himself as Preceptor, and to *Bodhicarini Upasika* Jayasili. These sashes are to be worn when they administer the *Panca Sila* (Five Precepts) should a Bhikkhu (Monk) or Ayya (Nun) not be available. (In June 2007 *Upasika* Panna received the Eight Lifetime Precepts (an expansion of the *Ajivatthamaka Sila*) from Bhante Henepola Gunaratana Maha Thera at Gaia House Devon, and a cream sash from Venerable Piyatissa.)

The 2006 Vesak celebrations included distribution of the booklet: *Requirements and Ceremonies for the Five Precepts (Panca Sila), The Eight Precepts with Right Livelihood as the Eighth (Ajivatthamaka Sila), Dhamma Teachers Certificate*, by Ketumati Buddhist Vihara and BGKT was also distributed at the Vesak celebrations. This was subsequently published for world-wide distribution, by the Corporate Body of the Buddha Educational Foundation, Taiwan, as part of the 2007 edition of *Introducing Buddhism*.

Bibliography

Articles

"The development and use of the Eight Precepts for lay practitioners, Upasakas and Upasikas in Theravada Buddhism in the West", Jacquetta Gomes, *Contemporary Buddhism*, Volume 5(1) (May 2004) 47-63. (ISSN 1463-9947). DOI: [10.1080/1463994042000249535](https://doi.org/10.1080/1463994042000249535)
Available at <https://www.tandfonline.com/>

Books

Introducing Buddhism

Introducing Buddhism by Venerable Dr Balangoda Ananda Maitreya Mahanayaka Thera Abhidhaja Maharathaguru Aggamaha Pandita DLitt DLitt (1896-1998) and Jacquetta Gomes Bodhicarini Upasika Jayasili. *Introducing Buddhism* was originally published by The Buddhist Society London in 1988, to accompany The Buddhist Society's *Introducing Buddhism* Course, on which Jacquetta Gomes was one of the teachers. *Introducing Buddhism* has subsequently been published by Buddhist organisations in England, Sri Lanka, Malaysia, Taiwan, and the USA. *Introducing Buddhism* is available on several websites including Access to Insight and Google Books. *Introducing Buddhism* was launched by the BCC

Buddhist Cultural Centre in Sri Lanka with 24 other books under the patronage of Venerable Dr K. Sri Dhammananda Chief Sangha Nayaka of Malaysia and Singapore, in December 1997.

Balangoda Ananda Maitreya, Venerable, and Jayasili (Jacquetta Gomes). *Introducing Buddhism*. 2003. (Kendal, England, BGKT Buddhist Group of Kendal (Theravada))

Available on the Internet

Access to Insight

<https://www.accesstoinight.org/>

Search for Introducing Buddhism or Buddhist Group of Kendal

https://www.accesstoinight.org/lib/authors/various/introducing_buddhism.pdf

Buddhist eLibrary

<https://www.buddhistelibrary.org/>

Search for Introducing Buddhism or Balangoda Ananda Maitreya

<https://www.buddhistelibrary.org/en/displayimage.php?pid=2448>

Google Books

weblink <https://books.google.com/> search for Introducing Buddhism Jacquetta Gomes

<http://books.google.com/books?printsec=frontcover&id=17XhmfXH9ssC#v=onepage&q&f=false>

Internet Archive

weblink <https://archive.org/>

Full text of Introducing Buddhism included

<https://archive.org/details/introducing-buddhism-bgkt-ven-balangodanandamaitreya-jayasili-jacquettagomes>

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Balangoda Ananda Maitreya, Venerable, and Jayasili (Jacquetta Gomes). *Introducing Buddhism*. 2007. (Taipei Taiwan, The Corporate Body of the Buddha Educational Foundation) (Book code EN074) (This includes the booklet: *Requirements and Ceremonies for the Five Precepts (Panca Sila)*, *The Eight Precepts with Right Livelihood as the Eighth (Ajivatthamaka Sila)*, *Dhamma Teachers Certificate*, issued by the Buddhist Group of Kendal (Theravada) and Ketumati Buddhist Vihara at Wesak 2006)

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Buddhist Group of Kendal (Theravada) and Ketumati Buddhist Vihara. *Requirements and Ceremonies for the Five Precepts (Panca Sila)*, *The Eight Precepts with Right Livelihood as the Eighth (Ajivatthamaka Sila)*, *Dhamma Teachers Certificate*, issued by the Buddhist Group of Kendal (Theravada) and Ketumati Buddhist Vihara at Wesak 2006). 2006.

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Requirements and Ceremonies

February 2010 updated edition

Full text included

<https://archive.org/details/requirements-ceremonies-buddhistgroupofkendal-bgkt-ketumatibuddhistvihara>

Requirements and Ceremonies

May 2006 edition

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Requirements and Ceremonies Appendix to *Introducing Buddhism*

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<http://books.google.com/books?printsec=frontcover&id=JC01AAKbtHYC#v=onepage&q&f=false>

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